

Diocese of Armagh YOUTH, CHILDREN'S & FAMILY MINISTRY SUPPORT

JANUARY 2022 TO EASTER 2022

For Parents and families:

Parenting teenagers can bring its own moments of joy and challenge! Across January, February and March 2022, look out for a short series of videos from the Youth and Children's Officer addressing how parents can better understand, communicate, pray for and support their own teenager.

| Thursday 13th January: | "Understanding Adolescence, body changes, brain changes, peer group changes and all that stuff!" |
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| Thursday 17th February: | "Understanding Adolescence. Communication. Establishing boundaries. Managing risk taking behaviours". |
| Thursday 17th March: | "Understanding Adolescence. Supporting your teen through their educationthe ups, downs and in-betweens" |
| Saturday 9th April: | "Messy Easter". An exploration of the Easter story for families with young children. Armagh Cathedral. Arts, Crafts, Worship and the message of hope in knowing Jesus! |
| Sunday 17th April: | Easter Dawn service. "The Lord is Risen!" The Argory, Moy. (6am) (To be confirmed). |

For Youth and Children's leaders:

| 5th March: The "Big Fry": | A "bite sized" workshop for Youth and Children's leaders exploring the use of drama, storytelling, creativity in regard to the Easter message led by "Play it by Ear". For all in the Tynan Rural Deanery. 9am to 11am. Location to be arranged. |
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| 9th April: The "Big Fry": | A "bite sized" workshop for Youth and Children's leaders exploring the use of drama, storytelling, creativity in regard to summer youth and children's ministry by "Play it by Ear". For all in the Tullhogue Rural Deanery. 9am to 11am. Location to be arranged. |
| 5th May: "The Thrive Academy." | "Building digital resilience". A Zoom workshop supporting parents in better understanding how to best support their teen regarding the use of social media. 7.30pm to 9.00pm. |

For more information and to book in for any of these sessions, please email or call David Brown on 07557 655 860 or doycarmagh@gmailcom