

# Activity 1      **Helping Hands Coupons**

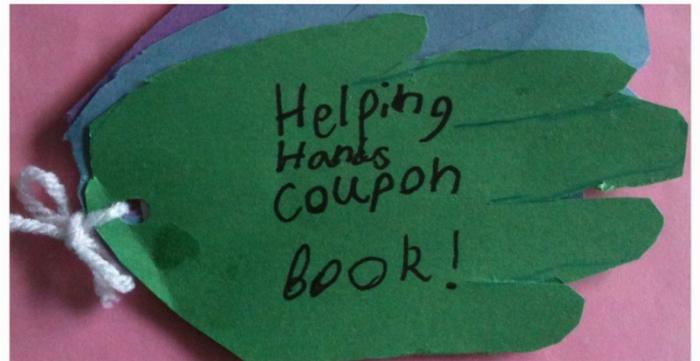
## Resources

- hand templates
- Coloured pencils/markers
- hole punch
- ribbon



## Method

1. Cut out hands
2. On each hand children can draw a way they can help at home
3. Punch hole and join with ribbon



## Talk about

1. How you can help other people
2. Why do we help other people - because Jesus told us to love others like he loves us.
3. Talk about the sorts of jobs they can do
  - help tidy up toys
  - feed their pet
  - do their homework
  - be a good friend
  - share their toys
  - help with the washing up, etc

## Activity 2 Band Aid Biscuits

### Resources

- digestive biscuit
- butter cream
- red ice-cream sauce
- thin biscuit eg pink wafer/finger rich tea



### Method

1. Cover biscuit with butter cream
2. Stick thin biscuit on top
3. Add strip of butter cream to it
4. Top with red ice-cream sauce

### Talk about

- Have you ever hurt yourself? How did you feel?
- Who helped you? How did that make you feel
- How we can show God's love to others and help them the way you were helped?

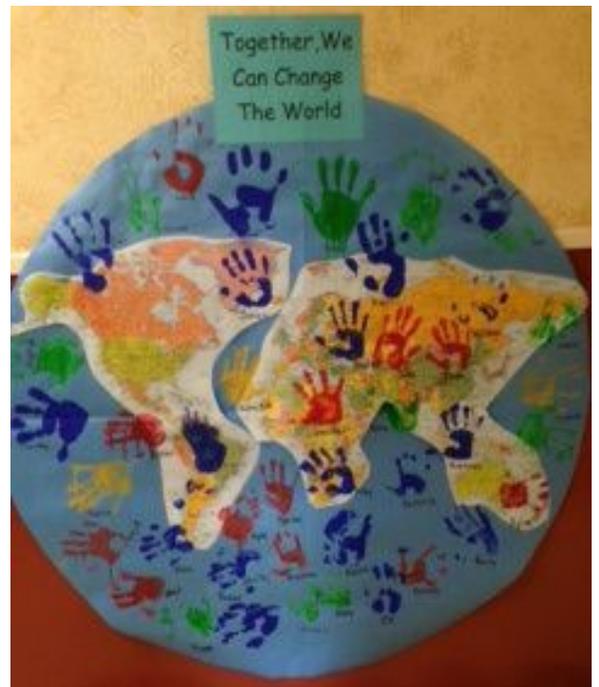
## Activity 3 Together We Can Change the World

### Resources

- map template
- paint
- hands

### Method

Children make handprints over the globe.



### Talk about

1. Different countries around the world.
2. How we can help people in other countries
3. How at Messy Church we have helped others by collecting the money in our Grace jars to buy toilets for people in countries that don't have as many nice things as us - India, Kenya, Costa Rica, etc



## Activity 4    Flag Painting

### Resources

- coloured paints
- flag templates
- paint brushes
- wipes



### Method

1. Look at pictures of different countries flags
2. Pick their favourite and paint

### Talk about

1. Other countries that they know - places they have been on holiday, places where they have relatives, etc
2. What is different? What is the same?
3. What countries would they like to visit? Why?

## Activity 5 *I can help poster*

### Resources

- coloured paper and card
- pencils
- glue
- stickers

### Method

1. Draw around your hand with your fingers open.
2. Stick hand on backing card.
3. Decorate hand with stickers.
4. Write the bible verse below.

### Talk about

1. Jesus was kind and helped lots of different people - can you think of anyone who Jesus showed kindness to e.g. The 10 Lepers, Blind Bartimaeus, the woman at the well, etc
2. How we can help at home by being kind, helping our friends, sharing our toys etc

**I can help others!**



In all the work you are doing, work the best you can. Work as if you were working for the Lord, not for men.  
Colossians 3:23